

## positive mindful drumming & body-beats

upbeat rhythms & uplifting mantra

Facilitator resources platform: £60 or £48\* PA

\*Via a 20% coupon code available for schools with an opportunity to support your Music Hub / Library and join our collaborative projects.

Get a coupon code

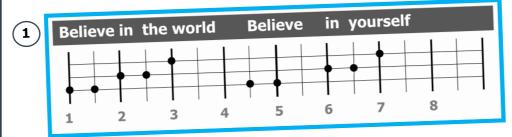


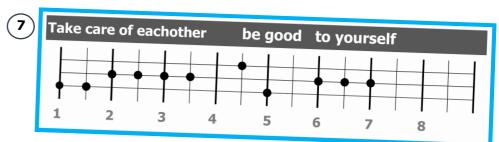
Socials: YouTube/@drumunited - FaceBook/@drumunited tiktok@drumunited - insta@drumunitedUK - X@drumunited

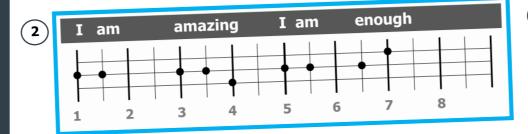
## drum united CIC is a UK Social Enterprise.

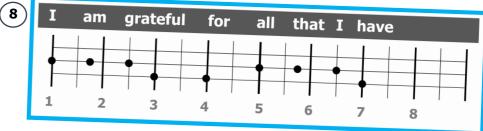
Infinite goal: To train young adults to become future facilitators. Join us to make a positive social impact.

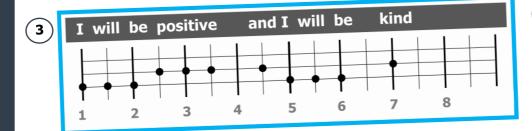
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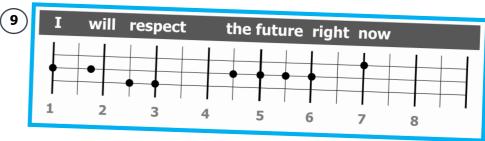


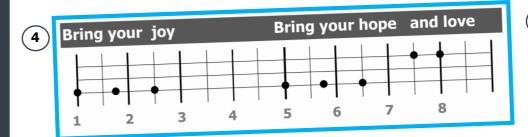


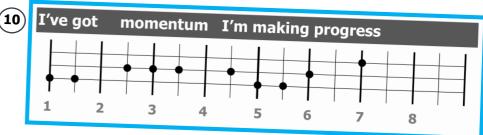


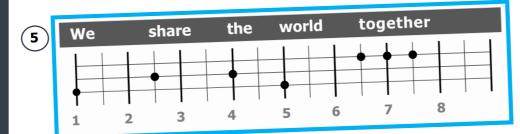


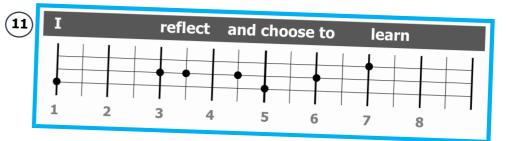


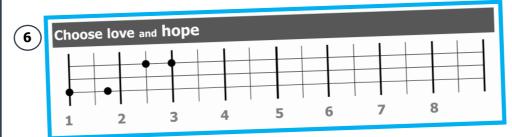


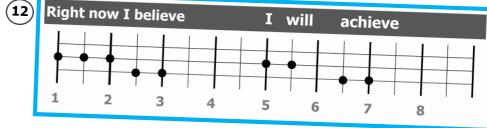












Now available: posters, booklets, pop-up banners, printed t-shirts. Ideal for schools: soft-tipped drum-sticks for table-top practice.



Go to our website for instructions to follow the notations, and enrol for the resources and scenic meditation videos.