

Super-quality video resources



positive mindful drumming & body-beats

upbeat rhythms & uplifting mantra

Facilitator resources platform: £60 or £48* PA

*Via a 20% coupon code available for schools with an opportunity to support your Music Hub / Library and join our collaborative projects.

Get a coupon code

<https://drumunited.academy>

Socials: YouTube/@drumunited - FaceBook/@drumunited
tiktok@drumunited - insta@drumunitedUK - X@drumunited

drum united CIC is a UK Social Enterprise.
Infinite goal: To train young adults to become future facilitators. Join us to make a positive social impact.

positive mindful drumming & body-beats

1 Believe in the world Believe in yourself

2 I am amazing I am enough

3 I will be positive and I will be kind

4 Bring your joy Bring your hope and love

5 We share the world together

6 Choose love and hope

7 Take care of eachother be good to yourself

8 I am grateful for all that I have

9 I will respect the future right now

10 I've got momentum I'm making progress

11 I reflect and choose to learn

12 Right now I believe I will achieve

Now available: posters, booklets, pop-up banners, printed t-shirts.
Ideal for schools: soft-tipped drum-sticks for table-top practice.
Go to our website for instructions to follow the notations, and enrol for the resources and scenic meditation videos.

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